BOOK VIII

1 After what we have said, a discussion of friendship would naturally follow, since it is a virtue or implies virtue, and is besides most necessary with a view to living. For without friends no one would choose to live, though he had all other goods; even rich men and those in possession of office and of dominating power are thought to need friends most of all; for what is the use of such prosperity without the opportunity of beneficence, which is exercised chiefly and in its most laudable form towards friends? Or how can prosperity be guarded and preserved without friends? The greater it is, the more exposed is it to risk. And in poverty and in other misfortunes men think friends are the only refuge. It helps the young, too, to keep from error; it aids older people by ministering to their needs and supplementing the activities that are failing from weakness; those in the prime of life it stimulates to noble actions—‘two going together’—for with friends men are more able both to think and to act. Again, parent seems by nature to feel it for offspring and offspring for parent, not only among men but among birds and among most animals; it is felt mutually by members of the same race, and especially by men, whence we praise lovers of their fellowmen. We may even in our travels how near and dear every man is to every other. Friendship seems too to hold states together, and lawgivers to care more for it than for justice; for unanimity seems to be something like friendship, and this they aim at most of all, and expel faction as their worst enemy; and when men are friends they have no need of justice, while when they are just they need friendship as well, and the truest form of justice is thought to be a friendly quality.

But it is not only necessary but also noble; for we praise those who love their friends, and it is thought to be a fine thing to have many friends; and again we think it is the same people that are good men and are friends.

Not a few things about friendship are matters of debate. Some define it as a kind of likeness and say like people are friends, whence come the sayings ‘like to like’, ‘birds of a feather flock together’, and so on; others on the contrary say ‘two of a trade never agree’. On this very question they inquire for deeper and more physical causes, Euripides saying that ‘parched earth loves the rain, and stately heaven when filled with rain loves to fall to earth’, and Heraclitus that ‘it is what opposes that helps’ and ‘from different tones comes the fairest tune’ and ‘all things are produced through strife’; while Empedocles, as well as others, expresses the opposite view that like aims at like. The physical problems we may leave alone (for they do not belong to the present inquiry); let us examine those which are human and involve character and feeling, e.g. whether friendship can arise between any two people or people cannot be friends if they are wicked, and whether there is one species of friendship or more than one. Those who think there is only one because it admits of degrees have relied on an inadequate indication; for even things different in species admit of degree. We have discussed this matter previously.

2 The kinds of friendship may perhaps be cleared up if we first come to know the object of love. For not everything seems to be loved but only the lovable, and this is good, pleasant, or useful; but it would seem to be that by which some good or pleasure is produced that is useful, so that it is the good and the useful that are lovable as ends. Do men love, then, the good, or what is good for them? These sometimes clash. So too with regard to the pleasant. Now it is thought that each loves what is good for himself, and that the good is without qualification lovable, and what is good for each man is lovable for him; but each man loves not what is good for him but what seems good. This however will make no difference; we shall just have to say that this is ‘that which seems lovable’. Now there are three grounds on which people love; of the love of lifeless objects we do not use the word ‘friendship’; for it is not mutual love, nor is there a wishing of the other. Friendship seems too to hold states together, and lawgivers to care more for it than for justice; for unanimity seems to be something like friendship, and this they aim at most of all, and expel faction as their worst enemy; and when men are friends they have no need of justice, while when they are just they need friendship as well, and the truest form of justice is thought to be a friendly quality.

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Perfect friendship is the friendship of men who are good, and alike in virtue; for these wish well alike to each other qua good, and they are good themselves. Now those who wish well to their friends for their sake are most truly friends; for they do this by reason of own nature and not incidentally; therefore their friendship lasts as long as they are good—and goodness is an enduring thing. And each is good without qualification and to his friend, for the good are both good without qualification and useful to each other. So too they are pleasant; for the good are pleasant both without qualification and to each other, since to each his own activities and others like them are pleasurable, and the actions of the good are the same or like. And such a friendship is as might be expected permanent, since there meet in it all the qualities that friends should have. For all friendship is for the sake of good or of pleasure-good or pleasure either in the abstract or such as will be enjoyed by him who has the friendly feeling—and is based on a certain resemblance; and to a friendship of good men all the qualities we have named belong in virtue of the nature of the friends themselves; for in the case of this kind of friendship the other qualities also are alike in both friends, and that which is good without qualification is also without qualification pleasant, and these are the most lovable qualities. Love and friendship therefore are found most and in their best form between such men.

But it is natural that such friendships should be infrequent; for such men are rare. Further, such friendship requires time and familiarity; as the proverb says, men cannot know each other till they have 'eaten salt together'; nor can they admit each other to friendship or be friends till each has been found lovable and been trusted by each. Those who quickly show the marks of friendship to each other wish to be friends, but are not friends unless they both are lovable and know the fact; for a wish for friendship may arise quickly, but friendship does not.

4 This kind of friendship, then, is perfect both in respect of duration and in all other respects, and in it each gets from each in all respects the same as, or something like what, he gives; which is what ought to happen between friends. Friendship for the sake of pleasure bears a resemblance to this kind; for good people too are pleasant to each other. So too does friendship for the sake of utility; for the good are also useful to each other. Among men of these inferior sorts too, friendships are most permanent when the friends get the same thing from each other (e.g. pleasure), and not only that but also from the
same source, as happens between ready witted people, not as happens between lover and beloved. For these do not take pleasure in the same things, but the one in seeing the beloved and the other in receiving attentions from his lover; and when the bloom of youth is passing the friendship sometimes passes too (for the one finds no pleasure in the sight of the other, and the other gets no attentions from the first); but many lovers on the other hand are constant, if familiarity has led them to love each other’s characters, these being alike. But those who exchange not pleasure but utility in their amour are both less truly friends and less constant. Those who are friends for the sake of utility part when the advantage is at an end; for they were lovers not of each other but of profit.

For the sake of pleasure or utility, then, even bad men may be friends of each other, or good men of bad, or one who is neither good nor bad may be a friend to any sort of person, but for their own sake clearly only good men can be friends; for bad men do not delight in each other unless some advantage come of the relation.

The friendship of the good too and this alone is proof against slander; for it is not easy to trust any one talk about a man who has long been tested by oneself; and it is among good men that trust and the feeling that ‘he would never wrong me’ and all the other things that are demanded in true friendship are found. In the other kinds of friendship, however, there is nothing to prevent these evils arising. For men apply the name of friends even to those whose motive is utility, in which sense states are said to be friendly (for the alliances of states seem to aim at advantage), and to those who love each other for the sake of pleasure, in which sense children are called friends. Therefore we too ought perhaps to call such people friends, and say that there are several kinds of friendship—firstly and in the proper sense that of good men qua good, and by analogy the other kinds; for it is in virtue of something good and something akin to what is found in true friendship that they are friends, since even the pleasant is good for the lovers of pleasure. But these two kinds of friendship are not often united, nor do the same people become friends for the sake of utility and of pleasure; for things that are only incidentally connected are not often coupled together.

Friendship being divided into these kinds, bad men will be friends for the sake of pleasure or of utility, being in this respect like each other, but good men will be friends for their own sake, i.e. in virtue of their goodness. These, then, are friends without qualification; the others are friends incidentally and through a resemblance to these.

5 As in regard to the virtues some men are called good in respect of a state of character, others in respect of an activity, so too in the case of friendship; for those who live together delight in each other and confer benefits on each other, but those who are asleep or locally separated are not performing, but are disposed to perform, the activities of friendship; distance does not break off the friendship absolutely, but only the activity of it. But if the absence is lasting, it seems actually to make men forget their friendship; hence the saying ‘out of sight, out of mind’. Neither old people nor sour people seem to make friends easily; for there is little that is pleasant in them, and no one can spend his days with one whose company is painful, or not pleasant, since nature seems above all to avoid the painful and to aim at the pleasant. Those, however, who approve of each other but do not live together seem to be well-disposed rather than actual friends. For there is nothing so characteristic of friends as living together (since while it people who are in need that desire benefits, even those who are supremely happy desire to spend their days together; for solitude suits such people least of all); but people cannot live together if they are not pleasant and do not enjoy the same things, as friends who are companions seem to do.

The truest friendship, then, is that of the good, as we have frequently said; for that which is without qualification good or pleasant seems to be lovable and desirable, and for each person that which is good or pleasant to him; and the good man is lovable and desirable to the good man for both these reasons. Now it looks as if love were a feeling, friendship a state of character; for love may be felt just as much towards lifeless things, but mutual love involves choice and choice springs from a state of character; and men wish well to those whom they love, for their sake, not as a result of feeling but as a result of a state of character. And in loving a friend men love what is good for themselves; for the good man in becoming a friend becomes a good to his friend. Each, then, both loves what is good for himself, and makes an equal return in goodwill and in pleasantness; for friendship is said to be equality, and both of these are found most in the friendship of the good.

6 Between sour and elderly people friendship arises less readily, inasmuch as they are less good-tempered and enjoy companionship
less; for these are thou to be the greatest marks of friendship productive of it. This is why, while men become friends quickly, old men do not; it is because men do not become friends with those in whom they do not delight; and similarly sour people do not quickly make friends either. But such men may bear goodwill to each other; for they wish one another well and aid one another in need; but they are hardly friends because they do not spend their days together nor delight in each other, and these are thought the greatest marks of friendship.

One cannot be a friend to many people in the sense of having friendship of the perfect type with them, just as one cannot be in love with many people at once (for love is a sort of excess of feeling, and it is the nature of such only to be felt towards one person); and it is not easy for many people at the same time to please the same person very greatly, or perhaps even to be good in his eyes. One must, too, acquire some experience of the other person and become familiar with him, and that is very hard. But with a view to utility or pleasure it is possible that many people should please one; for many people are useful or pleasant, and these services take little time.

Of these two kinds that which is for the sake of pleasure is the more like friendship, when both parties get the same things from each other and delight in each other or in the things, as in the friendships of the young; for generosity is more found in such friendships. Friendship based on utility is for the commercially minded. People who are supremely happy, too, have no need of useful friends, but do need pleasant friends; for they wish to live with some one and, though they can endure for a short time what is painful, no one could put up with it continuously, nor even with the Good itself if it were painful to him; this is why they look out for friends who are pleasant. Perhaps they should look out for friends who, being pleasant, are also good, and good for them too; for so they will have all the characteristics that friends should have.

People in positions of authority seem to have friends who fall into distinct classes; some people are useful to them and others are pleasant, but the same people are rarely both; for they seek neither those whose pleasantness is accompanied by virtue nor those whose utility is with a view to noble objects, but in their desire for pleasure they seek for ready-witted people, and their other friends they choose as being clever at doing what they are told, and these characteristics are rarely combined. Now we have said that the good man is at the same time pleasant and useful; but such a man does not become the friend of one who surpasses him in station, unless he is surpassed also in virtue; if this is not so, he does not establish equality by being proportionally exceeded in both respects. But people who surpass him in both respects are not so easy to find.

However that may be, the aforesaid friendships involve equality; for the friends get the same things from one another and wish the same things for one another, or exchange one thing for another, e.g. pleasure for utility; we have said, however, that they are both less truly friendships and less permanent.

But it is from their likeness and their unlikeness to the same thing that they are thought both to be and not to be friendships. It is by their likeness to the friendship of virtue that they seem to be friendships (for one of them involves pleasure and the other utility, and these characteristics belong to the friendship of virtue as well); while it is because the friendship of virtue is proof against slander and permanent, while these quickly change (besides differing from the former in many other respects), that they appear not to be friendships; i.e. it is because of their unlikeness to the friendship of virtue.

7 But there is another kind of friendship, viz. that which involves an inequality between the parties, e.g. that of father to son and in general of elder to younger, that of man to wife and in general that of ruler to subject. And these friendships differ also from each other; for it is not the same that exists between parents and children and between rulers and subjects, nor is even that of father to son the same as that of son to father, nor that of husband to wife the same as that of wife to husband. For the virtue and the function of each of these is different, and so are the reasons for which they love; the love and the friendship are therefore different also. Each party, then, neither gets the same from the other, nor ought to seek it; but when children render to parents what they ought to render to those who brought them into the world, and parents render what they should to their children, the friendship of such persons will be abiding and excellent. In all friendships implying inequality the love also should be proportional, i.e. the better should be more loved than he loves, and so should the more useful, and similarly in each of the other cases; for when the love is in proportion to the merit of the parties, then in a sense arises equality, which is certainly held to be characteristic of friendship.
But equality does not seem to take the same form in acts of justice and in friendship; for in acts of justice what is equal in the primary sense is that which is in proportion to merit, while quantitative equality is secondary, but in friendship quantitative equality is primary and proportion to merit secondary. This becomes clear if there is a great interval in respect of virtue or vice or wealth or anything else between the parties; for then they are no longer friends, and do not even expect to be so. And this is most manifest in the case of the gods; for they surpass us most decisively in all good things. But it is clear also in the case of kings; for with them, too, men who are much their inferiors do not expect to be friends; nor do men of no account expect to be friends with the best or wisest men. In such cases it is not possible to define exactly up to what point friends can remain friends; for much can be taken away and friendship remain, but when one party is removed to a great distance, as God is, the possibility of friendship ceases. This is in fact the origin of the question whether friends really wish for their friends the greatest goods, e.g. that of being gods; since in that case their friends will no longer be friends to them, and therefore will not be good things for them (for friends are good things). The answer is that if we were right in saying that friend wishes good to friend for his sake, his friend must remain the sort of being he is, whatever that may be; therefore it is for him oily so long as he remains a man that he will wish the greatest goods. But perhaps not all the greatest goods; for it is for himself most of all that each man wishes what is good.

8 Most people seem, owing to ambition, to wish to be loved rather than to love; which is why most men love flattery; for the flatterer is a friend in an inferior position, or pretends to be such and to love more than he is loved; and being loved seems to be akin to being honoured, and this is what most people aim at. But it seems to be not for its own sake that people choose honour, but incidentally. For most people enjoy being honoured by those in positions of authority because of their hopes (for they think that if they want anything they will get it from them; and therefore they delight in honour as a token of favour to come); while those who desire honour from good men, and men who know, are aiming at confirming their own opinion of themselves; they delight in honour, therefore, because they believe in their own goodness on the strength of the judgement of those who speak about them. In being loved, on the other hand, people delight for its own sake; whence it would seem to be better than being honoured, and friendship to be desirable in itself. But it seems to lie in loving rather than in being loved, as is indicated by the delight mothers take in loving; for some mothers hand over their children to be brought up, and so long as they know their fate they love them and do not seek to be loved in return (if they cannot have both), but seem to be satisfied if they see them prospering; and they themselves love their children even if these owing to their ignorance give them nothing of a mother’s due. Now since friendship depends more on loving, and it is those who love their friends that are praised, loving seems to be the characteristic virtue of friends, so that it is only those in whom this is found in due measure that are lasting friends, and only their friendship that endures.

It is in this way more than any other that even unequals can be friends; they can be equalized. Now equality and likeness are friendship, and especially the likeness of those who are like in virtue; for being steadfast in themselves they hold fast to each other, and neither ask nor give base services, but (one may say) even prevent them; for it is characteristic of good men neither to go wrong themselves nor to let their friends do so. But wicked men have no steadfastness (for they do not remain even like to themselves), but become friends for a short time because they delight in each other’s wickedness. Friends who are useful or pleasant last longer; i.e. as long as they provide each other with enjoyments or advantages. Friendship for utility’s sake seems to be that which most easily exists between contraries, e.g. between poor and rich, between ignorant and learned; for what a man actually lacks he aims at, and one gives something else in return. But under this head, too, might bring lover and beloved, beautiful and ugly. This is why lovers sometimes seem ridiculous, when they demand to be loved as they love; if they are friend in an inferior position, or pretends to be such and to love more than he is loved; and being loved seems to be akin to being honoured, and this is what most people aim at. But it seems to be not for its own sake that people choose honour, but incidentally. For most people enjoy being honoured by those in positions of authority because of their hopes (for they think that if they want anything they will get it from them; and therefore they delight in honour as a token of favour to come); while those who desire honour from good men, and men who know, are aiming at confirming their own opinion of themselves; they delight in honour, therefore, because they believe in their own goodness on the strength of the judgement of those who speak about them. In being loved, on the other hand, people delight for its own sake; whence it would seem to be better than being
Book X: Friendship (continued)

4 Friendly relations with one's neighbours, and the marks by which friendships are defined, seem to have proceeded from a man's relations to himself. For (1) we define a friend as one who wishes and does what is good, or seems so, for the sake of his friend, or (2) as one who wishes his friend to exist and live, for his sake; which mothers do to their children, and friends do who have come into conflict. And (3) others define him as one who lives with and (4) has the same tastes as another, or (5) one who grieves and rejoices with his friend; and this too is found in mothers most of all. It is by some one of these characteristics that friendship too is defined.

Now each of these is true of the good man's relation to himself (and of all other men in so far as they think themselves good; virtue and the good man seem, as has been said, to be the measure of every class of things). For his opinions are harmonious, and he desires the same things with all his soul; and therefore he wishes for himself what is good and what seems so, and does it (for it is characteristic of the good man to work out the good), and does so for his own sake (for he does it for the sake of the intellectual element in him, which is thought to be the man himself); and he wishes himself to live and be preserved, and especially the element by virtue of which he thinks. For existence is good to the virtuous man, and each man wishes himself what is good, while no one chooses to possess the whole world if he has first to become some one else (for that matter, even now God possesses the good); he wishes for this only on condition of being whatever he is; and the element that thinks would seem to be the individual man, or to be so more than any other element in him. And such a man wishes to live with himself; for he does so with pleasure, since the memories of his past acts are delightful and his hopes for the future are good, and therefore pleasant. His mind is well stored too with subjects of contemplation. And he grieves and rejoices, more than any other, with himself; for the same thing is always painful, and the same thing always pleasant, and not one thing at one time and another at another; he has, so to speak, nothing to repent of.

Therefore, since each of these characteristics belongs to the good man in relation to himself, and he is related to his friend as to himself (for his friend is another self), friendship too is thought to be one of these attributes, and those who have these attributes to be friends. Whether there is or is not friendship between a man and himself is a question we may dismiss for the present; there would seem to be friendship in so far as he is two or more, to judge from the aforementioned attributes of friendship, and from the fact that the extreme of friendship is likened to one's love for oneself.

But the attributes named seem to belong even to the majority of men, poor creatures though they may be. Are we to say then that in so far as they are satisfied with themselves and think they are good, they share in these attributes? Certainly no one who is thoroughly bad and impious has these attributes, or even seems to do so. They hardly belong even to inferior people; for they are at variance with themselves, and have appetites for some things and rational desires for others. This is true, for instance, of incontinent people; for they choose, instead of the things they themselves think good, things that are pleasant but hurtful; while others again, through cowardice and laziness, shrink from doing what they think best for themselves. And those who have done many terrible deeds and are hated for their wickedness even shrink from life and destroy themselves. And wicked men seek for people with whom to spend their days, and shun themselves; for they remember many a grievous deed, and anticipate others like them, when they are by themselves, but when they are with others they forget. And having nothing lovable in them they have no feeling of love to themselves. Therefore also such men do not rejoice or grieve with themselves; for their soul is rent by faction, and one element in it by reason of its wickedness grieves when it abstains from certain acts, while the other part is pleased, and one draws them this way and the other that, as if they were pulling them in pieces. If a man cannot at the same time be pained and pleased, at all events after a short time he is pained because he was pleased, and he could have wished that these things had not been pleasant to him; for bad men are laden with repentance.

Therefore the bad man does not seem to be amicably disposed even to himself, because there is nothing in him to love; so that if to be thus is the height of wretchedness, we should strain every nerve to avoid wickedness and should endeavour to be good; for so and only so can one be either friendly to oneself or a friend to another.

5 Goodwill is a friendly sort of relation, but is not identical with friendship; for one may have goodwill both towards people whom one does not know, and without their knowing it, but not friendship. This has indeed been said already. But goodwill is not even friendly feeling. For it does not involve intensity or desire, whereas these
accompany friendly feeling; and friendly feeling implies intimacy while goodwill may arise of a sudden, as it does towards competitors in a contest; we come to feel goodwill for them and to share in their wishes, but we would not do anything with them; for, as we said, we feel goodwill suddenly and love them only superficially.

Goodwill seems, then, to be a beginning of friendship, as the pleasure of the eye is the beginning of love. For no one loves if he has not first been delighted by the form of the beloved, but he who delights in the form of another does not, for all that, love him, but only does so when he also longs for him when absent and craves for his presence; so too it is not possible for people to be friends if they have not come to feel goodwill for each other, but those who feel goodwill are not for all that friends; for they only wish well to those for whom they feel goodwill, and would not do anything with them nor take trouble for them. And so one might by an extension of the term friendship say that goodwill is inactive friendship, though when it is prolonged and reaches the point of intimacy it becomes friendship—not the friendship based on utility nor that based on pleasure; for goodwill too does not arise on those terms. The man who has received a benefit bestows goodwill in return for what has been done to him, but in doing so is only doing what is just; while he who wishes some one to prosper because he hopes for enrichment through him seems to have goodwill not to him but rather to himself, just as a man is not a friend to another if he cherishes him for the sake of some use to be made of him. In general, goodwill arises on account of some excellence and worth, when one man seems to another beautiful or brave or something of the sort, as we pointed out in the case of competitors in a contest.

6 Unanimity also seems to be a friendly relation. For this reason it is not identity of opinion; for that might occur even with people who do not know each other; nor do we say that people who have the same views on any and every subject are unanimous, e.g. those who agree about the heavenly bodies (for unanimity about these is not a friendly relation), but we do say that a city is unanimous when men have the same opinion about what is to their interest, and choose the same actions, and do what they have resolved in common. It is about things to be done, therefore, that people are said to be unanimous, and, among these, about matters of consequence and in which it is possible for both or all parties to get what they want; e.g. a city is unanimous when all its citizens think that the offices in it should be elective, or that they should form an alliance with Sparta, or that Pittacus should be their ruler—at a time when he himself was also willing to rule. But when each of two people wishes himself to have the thing in question, like the captains in the Phoenissae, they are in a state of faction; for it is not unanimity when each of two parties thinks of the same thing, whatever that may be, but only when they think of the same thing in the same hands, e.g. when both the common people and those of the better class wish the best men to rule; for thus and thus alone do all get what they aim at. Unanimity seems, then, to be political friendship, as indeed it is commonly said to be; for it is concerned with things that are to our interest and have an influence on our life.

Now such unanimity is found among good men; for they are unanimous both in themselves and with one another, being, so to say, of one mind (for the wishes of such men are constant and not at the mercy of opposing currents like a strait of the sea), and they wish for what is just and what is advantageous, and these are the objects of their common endeavour as well. But bad men cannot be unanimous except to a small extent, any more than they can be friends, since they aim at getting more than their share of advantages, while in labour and public service they fall short of their share; and each man wishing for advantage to himself criticizes his neighbour and stands in his way; for if people do not watch it carefully the common weal is soon destroyed. The result is that they are in a state of faction, putting compulsion on each other but unwilling themselves to do what is just.

7 Benefactors are thought to love those they have benefited, more than those who have been well treated love those that have treated them well, and this is discussed as though it were paradoxical. Most people think it is because the latter are in the position of debtors and the former of creditors; and therefore as, in the case of loans, debtors wish their creditors did not exist, while creditors actually take care of the safety of their debtors, so it is thought that benefactors wish the objects of their action to exist since they will then get their gratitude, while the beneficiaries take no interest in making this return. Epicharmus would perhaps declare that they say this because they ‘look at things on their bad side’, but it is quite like human nature; for most people are forgetful, and are more anxious to be well treated than to treat others well. But the cause would seem to be more deeply rooted in the nature of things; the case of those who have lent money
is not even analogous. For they have no friendly feeling to their
debtors, but only a wish that they may keep safe with a view to what
is to be got from them; while those who have done a service to others
feel friendship and love for those they have served even if these are
not of any use to them and never will be. This is what happens with
craftsmen too; every man loves his own handiwork better than he
would be loved by it if it came alive; and this happens perhaps most
of all with poets; for they have an excessive love for their own poems,
doting on them as if they were their children. This is what the
position of benefactors is like; for that which they have treated well is
their handiwork, and therefore they love this more than the
handiwork does its maker. The cause of this is that existence is to all
men a thing to be chosen and loved, and that we exist by virtue of
activity (i.e. by living and acting), and that the handiwork is in a
sense, the producer in activity; he loves his handiwork, therefore,
because he loves existence. And this is rooted in the nature of things;
for what he is in potentiality, his handiwork manifests in activity.

At the same time to the benefactor that is noble which depends
on his action, so that he delights in the object of his action, whereas to
the patient there is nothing noble in the agent, but at most something
advantageous, and this is less pleasant and lovable. What is pleasant
is the activity of the present, the hope of the future, the memory of the
past; but most pleasant is that which depends on activity, and
similarly this is most lovable. Now for a man who has made
something his work remains (for the noble is lasting), but for the
person acted on the utility passes away. And the memory of noble
things is pleasant, but that of useful things is not likely to be pleasant,
or is less so; though the reverse seems true of expectation.

Further, love is like activity, being loved like passivity; and
loving and its concomitants are attributes of those who are the more
active.

Again, all men love more what they have won by labour; e.g.
those who have made their money love it more than those who have
inherited it; and to be well treated seems to involve no labour, while
to treat others well is a laborious task. These are the reasons, too, why
mothers are fonder of their children than fathers; bringing them into
the world costs them more pains, and they know better that the
children are their own. This last point, too, would seem to apply to
benefactors.

8 The question is also debated, whether a man should love himself
most, or some one else. People criticize those who love themselves
most, and call them self-lovers, using this as an epithet of disgrace,
and a bad man seems to do everything for his own sake, and the
more so the more wicked he is-and so men reproach him, for
instance, with doing nothing of his own accord-while the good man
acts for honour’s sake, and the more so the better he is, and acts for
his friend’s sake, and sacrifices his own interest.

But the facts clash with these arguments, and this is not
surprising. For men say that one ought to love best one’s best friend,
and man’s best friend is one who wishes well to the object of his wish
for his sake, even if no one is to know of it; and these attributes are
found most of all in a man’s attitude towards himself, and so are all
the other attributes by which a friend is defined; for, as we have said,
it is from this relation that all the characteristics of friendship have
extended to our neighbours. All the proverbs, too, agree with this,
e.g. ‘a single soul’, and ‘what friends have is common property’, and
‘friendship is equality’, and ‘charity begins at home’; for all these
marks will be found most in a man’s relation to himself; he is his own
best friend and therefore ought to love himself best. It is therefore
a reasonable question, which of the two views we should follow; for
both are plausible.

Perhaps we ought to mark off such arguments from each other
and determine how far and in what respects each view is right. Now
if we grasp the sense in which each school uses the phrase ‘lover of
self’, the truth may become evident. Those who use the term as one of
reproach ascribe self-love to people who assign to themselves the
greater share of wealth, honours, and bodily pleasures; for these are
what most people desire, and busy themselves about as though they
were the best of all things, which is the reason, too, why they become
objects of competition. So those who are grasping with regard to
these things gratify their appetites and in general their feelings and
the irrational element of the soul; and most men are of this nature
(which is the reason why the epithet has come to be used as it is-it
takes its meaning from the prevailing type of self-love, which is a bad
one); it is just, therefore, that men who are lovers of self in this way
are reproached for being so. That it is those who give themselves the
preference in regard to objects of this sort that most people usually
call lovers of self is plain; for if a man were always anxious that he
himself, above all things, should act justly, temperately, or in
accordance with any other of the virtues, and in general were always
to try to secure for himself the honourable course, no one will call such a man a lover of self or blame him.

But such a man would seem more than the other a lover of self; at all events he assigns to himself the things that are noblest and best, and gratifies the most authoritative element in and in all things obeys this; and just as a city or any other systematic whole is most properly identified with the most authoritative element in it, so is a man; and therefore the man who loves this and gratifies it is most of all a lover of self. Besides, a man is said to have or not to have self-control according as his reason has or has not the control, on the assumption that this is the man himself; and the things men have done on a rational principle are thought most properly their own acts and voluntary acts. That this is the man himself, then, or is so more than anything else, is plain, and also that the good man loves most this part of him. Whence it follows that he is most truly a lover of self, of another type than that which is a matter of reproach, and as different from that as living according to a rational principle is from living as passion dictates, and desiring what is noble from desiring what seems advantageous. Those, then, who busy themselves in an exceptional degree with noble actions all men approve and praise; and if all were to strive towards what is noble and strain every nerve to do the noblest deeds, everything would be as it should be for the common weal, and every one would secure for himself the goods that are greatest, since virtue is the greatest of goods.

Therefore the good man should be a lover of self (for he will both himself profit by doing noble acts, and will benefit his fellows), but the wicked man should not; for he will hurt both himself and his neighbours, following as he does evil passions. For the wicked man, what he does clashes with what he ought to do, but what the good man ought to do he does; for reason in each of its possessors chooses what is best for itself, and the good man obeys his reason. It is true of the good man too that he does many acts for the sake of his friends and his country, and if necessary dies for them; for he will throw away both wealth and honours and in general the goods that are objects of competition, gaining for himself nobility; since he would prefer a short period of intense pleasure to a long one of mild enjoyment, a twelvemonth of noble life to many years of humdrum existence, and one great and noble action to many trivial ones. Now those who die for others doubtless attain this result; it is therefore a great prize that they choose for themselves. They will throw away wealth too on condition that their friends will gain more; for while a man's friend gains wealth he himself achieves nobility; he is therefore assigning the greater good to himself. The same too is true of honour and office; all these things he will sacrifice to his friend; for this is noble and laudable for himself. Rightly then is he thought to be good, since he chooses nobility before all else. But he may even give up actions to his friend; it may be nobler to become the cause of his friend's acting than to act himself. In all the actions, therefore, that men are praised for, the good man is seen to assign to himself the greater share in what is noble. In this sense, then, as has been said, a man should be a lover of self; but in the sense in which most men are so, he ought not.

9 It is also disputed whether the happy man will need friends or not. It is said that those who are supremely happy and self-sufficient have no need of friends; for they have the things that are good, and therefore being self-sufficient they need nothing further, while a friend, being another self, furnishes what a man cannot provide by his own effort; whence the saying 'when fortune is kind, what need of friends?' But it seems strange, when one assigns all good things to the happy man, not to assign friends, who are thought the greatest of exceptional degree with noble actions all men approve and praise; and if all were to strive towards what is noble and strain every nerve to do the noblest deeds, everything would be as it should be for the common weal, and every one would secure for himself the goods that are greatest, since virtue is the greatest of goods.

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which it seems to be, from the very fact that all men desire it, and particularly those who are good and supremely happy; for to such men life is most desirable, and their existence is the most supremely happy) and if he who sees perceives that he sees, and he who hears, that he hears, and he who walks, that he walks, and in the case of all other activities similarly there is something which perceives that we are active, so that if we perceive, we perceive that we perceive, and if we think, that we think; and if to perceive that we perceive or think is to perceive that we exist (for existence was defined as perceiving or thinking); and if perceiving that one lives is in itself one of the things that are pleasant (for life is by nature good, and to perceive what is good present in oneself is pleasant); and if life is desirable, and particularly so for good men, because to them existence is good and pleasant and for they are pleased at the consciousness of the presence in them of what is in itself good); and if as the virtuous man is to himself, he is to his friend also (for his friend is another self); if all this be true, as his own being is desirable for each man, so, or almost so, is that of his friend. Now his being was seen to be desirable because he perceived his own goodness, and such perception is pleasant in itself. He needs, therefore, to be conscious of the existence of his friend as well, and this will be realized in their living together and sharing in discussion and thought; for this is what living together would seem to mean in the case of man, and not, as in the case of cattle, feeding in the same place.

If, then, being is in itself desirable for the supremely happy man (since it is by its nature good and pleasant), and that of his friend is very much the same, a friend will be one of the things that are desirable. Now that which is desirable for him he must have, or he will be deficient in this respect. The man who is to be happy will therefore need virtuous friends.

10  Should we, then, make as many friends as possible, or as in the case of hospitality it is thought to be suitable advice, that one should be 'neither a man of many guests nor a man with none'-will that apply to friendship as well; should a man neither be friendless nor have an excessive number of friends?

To friends made with a view to utility this saying would seem thoroughly applicable; for to do services to many people in return is a laborious task and life is not long enough for its performance. Therefore friends in excess of those who are sufficient for our own life are superfluous, and hindrances to the noble life; so that we have no
need of them. Of friends made with a view to pleasure, also, few are enough, as a little seasoning in food is enough.

But as regards good friends, should we have as many as possible, or is there a limit to the number of one’s friends, as there is to the size of a city? You cannot make a city of ten men, and if there are a hundred thousand it is a city no longer. But the proper number is presumably not a single number, but anything that falls between certain fixed points. So for friends too there is a fixed number perhaps the largest number with whom one can live together (for that, we found, thought to be very characteristic of friendship); and that one cannot live with many people and divide oneself up among them is plain. Further, they too must be friends of one another, if they are all to spend their days together; and it is a hard business for this condition to be fulfilled with a large number. It is found difficult, too, to rejoice and to grieve in an intimate way with many people, for it may likely happen that one has at once to be happy with one friend and to mourn with another. Presumably, then, it is well not to seek to have as many friends as possible, but as many as are enough for the purpose of living together; for it would seem actually impossible to be a great friend to many people. This is why one cannot love several people; love is ideally a sort of excess of friendship, and that can only be felt towards one person; therefore great friendship too can only be felt towards a few people. This seems to be confirmed in practice; for we do not find many people who are friends in the comradely way of friendship, and the famous friendships of this sort are always between two people. Those who have many friends and mix intimately with them all are thought to be no one’s friend, except in the way proper to fellow-citizens, and such people are also called obsequious. In the way proper to fellow-citizens, indeed, it is possible to be the friend of many and yet not be obsequious but a genuinely good man; but one cannot have with many people the friendship based on virtue and on the character of our friends themselves, and we must be content if we find even a few such.

11 Do we need friends more in good fortune or in bad? They are sought after in both; for while men in adversity need help, in prosperity they need people to live with and to make the objects of their beneficence; for they wish to do well by others. Friendship, then, is more necessary in bad fortune, and so it is useful friends that one wants in this case; but it is more noble in good fortune, and so we also seek for good men as our friends, since it is more desirable to confer benefits on these and to live with these. For the very presence of friends is pleasant both in good fortune and also in bad, since grief is lightened when friends sorrow with us. Hence one might ask whether they share as it were our burden, or-without that happening-their presence by its pleasantness, and the thought of their grieving with us, make our pain less. Whether it is for these reasons or for some other that our grief is lightened, is a question that may be dismissed; at all events what we have described appears to take place.

But their presence seems to contain a mixture of various factors. The very seeing of one’s friends is pleasant, especially if one is in adversity, and becomes a safeguard against grief (for a friend tends to comfort us both by the sight of him and by his words, if he is tactful, since he knows our character and the things that please or pain us); but to see him pained at our misfortunes is painful; for every one shuns being a cause of pain to his friends. For this reason people of a manly nature guard against making their friends grieve with them, and, unless he be exceptionally insensible to pain, such a man cannot stand the pain that ensues for his friends, and in general does not admit fellow-mourners because he is not himself given to mourning; but women and womanly men enjoy sympathisers in their grief, and love them as friends and companions in sorrow. But in all things one obviously ought to imitate the better type of person.

On the other hand, the presence of friends in our prosperity implies both a pleasant passing of our time and the pleasant thought of their pleasure at our own good fortune. For this cause it would seem that we ought to summon our friends readily to share our good fortunes (for the beneficent character is a noble one), but summon them to our bad fortunes with hesitation; for we ought to give them as little a share as possible in our evils whence the saying ‘enough is my misfortune’. We should summon friends to us most of all when they are likely by suffering a few inconveniences to do us a great service.

Conversely, it is fitting to go unasked and readily to the aid of those in adversity (for it is characteristic of a friend to render services, and especially to those who are in need and have not demanded them; such action is nobler and pleasanter for both persons); but when our friends are prosperous we should join readily in their activities (for they need friends for these too), but be tardy in coming forward to be the objects of their kindness; for it is not noble to be keen to receive benefits. Still, we must no doubt avoid getting the reputation of kill-joys by repulsing them; for that sometimes happens.
The presence of friends, then, seems desirable in all circumstances.

12 Does it not follow, then, that, as for lovers the sight of the beloved is the thing they love most, and they prefer this sense to the others because on it love depends most for its being and for its origin, so for friends the most desirable thing is living together? For friendship is a partnership, and as a man is to himself, so is he to his friend; now in his own case the consciousness of his being is desirable, and so therefore is the consciousness of his friend’s being, and the activity of this consciousness is produced when they live together, so that it is natural that they aim at this. And whatever existence means for each class of men, whatever it is for whose sake they value life, in that they wish to occupy themselves with their friends; and so some drink together, others dice together, others join in athletic exercises and hunting, or in the study of philosophy, each class spending their days together in whatever they love most in life; for since they wish to live with their friends, they do and share in those things which give them the sense of living together. Thus the friendship of bad men turns out an evil thing (for because of their instability they unite in bad pursuits, and besides they become evil by becoming like each other), while the friendship of good men is good, being augmented by their companionship; and they are thought to become better too by their activities and by improving each other; for from each other they take the mould of the characteristics they approve-whence the saying ‘noble deeds from noble men’.—So much, then, for friendship; our next task must be to discuss pleasure.